

RIPPLES FROM THE HARBOR



FEBRUARY 2014

Your Monthly Newsletter from
Cold Spring Harbor Junior/Senior High School



COMMUNITY ORGANIZATIONS

CULTURAL ARTS COMMITTEE (CAC)

Poet, performer, and educator **Ellen Hagan** and video artist **David Flores** return this month to conduct writing workshops with the 8th and 9th grade English classes **February 10th-13th**. Hailing from the bluegrass state of Kentucky, Ms Hagan brings her creative writing force to challenge concepts of identity with the 8th grade which will be filmed by David Flores. The 9th grade students will hone their stream-of-consciousness writing skills followed by a day of performance techniques that bring their writing to life. Come out of the cold and get warm inside the **PAC after winter break**.

Direct from NBC's hit show **The Sing-Off**, the Cultural Arts Committee is proud to present **STREET CORNER SYMPHONY!** This a cappella group based out of Nashville, Tennessee is now an INTERNATIONAL SENSATION, recording albums, providing clinics, and giving benefits for cancer. Their repertoire covers a wide range, from gospel and barbershop to rock and pop, appealing to old and young alike! **"AWE INSPIRING" "THEY ROCK!" DON'T LET YOUR STUDENT MISS THIS WONDERFUL EVENT!!!**

Please join us at our next Cultural Arts Meeting Thursday, February 13th @ 9:30 in the High School Conference Room.

CFA~PTO

Please see attached flyers.

DISTRICT NEWS

Board of Education Meeting –Tuesday, February 11, 2014 at 8:00 PM,
Location TBD.

SCHOOL NEWS

•**BLOOD DRIVE:** On Wednesday, February 12, 2014, Cold Spring Harbor High School will hold its annual Blood Drive. It will be held in the Field House from 7:45 AM until 1:45 PM. There will be an assembly on Wednesday, February 5, 2014 in the PAC to supply information to all Juniors and Seniors regarding donating blood. Anyone wishing to donate or who has any questions regarding the Blood Drive, please speak with Ms. Pendel in the High School Health Office.

•**ATTENTION ATHLETES:** Spring sports for the High School start on Monday, March 3rd. Spring sports for the Jr. High start on Monday, March 31st. All athletes must complete a new Pre-Participation Health Update and Coach's Authorization Card and hand it in to the Health Office **PRIOR** to participation. A current physical examination must also be on file in the Health Office **PRIOR** to participation. For those students requiring a physical, the school doctor will be in the Health Office on Mon., March 3rd at 7:45 AM. Students, please report to your first period teacher and then report promptly to the Health Office. If there are any questions, see Ms. Pendel or call (631) 367-6904.

•**YEARBOOK:** There is still time to order your yearbook! Just go to Yearbookforever.com
Junior High: \$50 online, \$65 after delivery. Senior High \$100

From Noreen Cambria, Director of Guidance

For Grade 10 Parents:

The Counselors just completed our annual 10th grade college and career planning module. Students were each given an account * for a program called Career Dimension and met with Counselors in computer labs to complete a series of surveys that will help with future planning. Career Development theory tells us that the sophomore year is an ideal time to canvass student ideas about the future as it is at this developmental stage that preferences begin to solidify. Career Dimension questionnaires cover interests, values, skills and personality types. Students can choose to view careers within each of the categories or to combine all the categories to arrive at a list of careers that suit all their interests and traits. They can then examine everything there is to know about the careers they choose and save the occupations most interesting to them, as well as conduct and save a college search for the schools that offer an academic track that leads to the desired career.

An inventory such as this one is only the first step, of course. Students can redo the assessments as often as they learn more about themselves and the world into which they will step in two years. Their accounts will remain active until they graduate from Cold Spring Harbor.

Students do not always communicate what has been done at school. We encourage sophomore parents to speak with their children about Career Dimension; this is a wonderful lead-in to postsecondary planning and can narrow that college "universe" to a manageable size.

*Ask your student for their user name and password distributed in class.

Cold Spring Harbor High School Summer Research Program

The Cold Spring Harbor High School Summer Research Program is intended for students entering grades 9 to 12. The program is designed for two groups of students:

1. those who have completed Introduction to Research I and II will have an opportunity to continue their research or to get a head start on their Independent Research project.

and

2. those who have not completed Introduction to Research I and II will have an opportunity to learn laboratory skills and conduct supervised experiments using the latest techniques of molecular and genomic biology.

Students who attend a minimum of 60 hours will earn 0.5 credits in Science.

Dates: July 14, 2014 to August 21, 2014

Days: Monday through Thursday

Times: 8:00 am to 12:00 noon

Questions? Contact:

Mr. Jaak Raudsepp, Direct

jraudsepp@csh.k12.ny.us or of Research

Cold Spring Harbor High School

631-367-6948

**Cold Spring Harbor Schools
Cold Spring Harbor JR./SR. High School
Office of the Director of Health, Physical Education and Athletics**

Comments from the Athletic Director:

Winter sports are coming to a close. Post- Season play begins in February and runs through the Winter Break. Our teams have had a successful season and excitement will build through the playoff run for some teams. A complete breakdown of our winter sports teams' results will be written in the March addition of ripples.

A few highlights of the winter season:

- Our Gymnastics is undefeated and having one of its best seasons in recent history
 - Girls Basketball is gearing up for a deep run into the playoffs. With a few more victories the Seahawks will be conference champions.
 - Boys Basketball is 2 wins away from clinching a playoff berth. Each game this season has been exciting and competitive.
 - The Wrestling team hosted its 7th annual Battle at the Harbor. 12 teams were represented from both Nassau and Suffolk County. It was a great day of wrestling. The conference and county qualifiers are February 7th and February 15th. High expectations for some individual wrestlers. Results to follow.
 - Boys and Girls track competed in conference championships January 26th at St. Anthony's. Individuals are having record breaking seasons. Names, results and honors will be listed at the end of the season.
 - Fencing is having a successful, competitive and productive season. CSH is hosting the individual county championships in the Field House Saturday February 1st.
 - Ice Hockey has been in competition since early November. Improvement being shown throughout the entire season.
 - Boys Swimming and Diving enjoying a winning season. The team has experienced some great wins and CSH is fortunate to have some outstanding individuals both swimming and diving. Looking forward to our post season results.
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A Special Night to Honor a former CSH Coach

On January 15th the CSH girls' gymnastics team honored their former coach James Barish. The gymnastics community was present at the meet vs Lawrence for a heartfelt ceremony to honor the memory of Coach B and his lasting impact he had on CSH gymnastics and the athletes. Former members of his team and others from the outside gymnastics world showed their respect for Coach B. Angela Gonsel, the former gymnastics coach at CSH spoke and presented a plaque in Coach B's memory. She stated, the plaque is being dedicated in honor of Mr. B for a lifelong commitment to gymnastics. He coached gymnastics at CSH from 1997-2010. Coach B received the life-time achievement award in gymnastics. This award is given out by the coaches association. It was a special evening for all the former gymnastics and people that new this great man and coach.

JH WINTER II SPORTS

Our Junior High Winter II sports are in full swing. Girls basketball, Boys Volleyball and wrestling have been practicing since January 23rd. Due to the inclement weather at the start of the season there might be a few schedule changes to games but all will be rescheduled to maximize the teams' competition. A lot of excellent coaching is taking place and the teams are developing individual skills, game strategy and the understanding of commitment to success and program.

Spring Sports Information

- A letter will be emailed January 31st to all HS parents and student-athletes with important information about the upcoming spring season.
- **The spring season competes over the April vacation. All Varsity and JV teams will have practice and games. It is an expectation of High School athletes to be present.**
- High School Season begins March 3rd
 - Boys Tennis – March 10th
 - Girls Golf – March 17th
- Information about Boys Golf Championships also will be released in early March.
- JH Spring Sports begins March 31st
- High School Code of Conduct Meeting – Wednesday March 12th
 - 7pm in the PAC
- Junior High School Code of Conduct – Monday April 7th
 - 7pm in the PAC
- Boys and Girls Varsity Lacrosse Talent Show – March 8th at 7pm in the PAC

Quote for thought:

**“The habit of persistence is the habit of victory”
-Herbert Kaufman**

“A Commitment to Excellence”

"ONCE UPON A MATTRESS"

The Senior High Musical "Once Upon A Mattress" will be performed Friday, February 7th at 7pm; Saturday, February 8th at 7pm; and Sunday, February 9th at 2pm in the PAC. This light-hearted and fun musical is perfect for the whole family!



Cold Spring Harbor Library

Coming up soon in the Teen Services Department...

Registration for all programs is required.



Teen Advisory Board: Valentine Minute To Win It
Thursday, February 13, 7-8pm

Come to the library and play a special Valentine's themed Minute to Win It! Participate in silly challenges, eat candy, and maybe even have a blind date – with a book!

Big Screen Reads Teen Book Discussion: Ender's Game by Orson Scott Card
Thursday, February 20, 7-8pm

An expert at simulated war games, Andrew "Ender" Wiggin believes that he is engaged in one more computer war game when, in truth, he is commanding the last Earth fleet against an alien race seeking Earth's complete destruction. We'll be discussing both the book AND the movie that came out in November 2013. Open to all teens in grades 7-12 who have read the book.

Teen Pizza & a Movie: One Direction: This is Us (PG, 92 minutes)
Sunday, February 23, 2pm

Hang out with your friends at the library for a special matinee movie screen just for teens! Pizza will be provided!

Volunteer Meetings

Every Thursday Night, 6:30pm

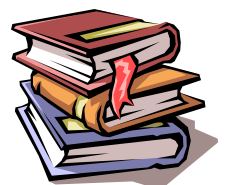
If you are interested in volunteering at the library, please be sure to attend ONE orientation meeting.

Spring Into Reading Book Reviews 2004-Onwards

Earn TWO hours of community service for reading the latest teen fiction, and filling out our review form. You may review ANY Young Adult title published after 2004. This includes teen audiobooks and graphic novels. Submit your review through our website, or pick up a form at the library.

Space is limited, so register today!

Call us at (631) 692-6820 or visit our website, www.cshlibrary.org, to register for the above programs.



EXCLUSIVE PRE-SALE OFFER BEGINS NOW!

Cold Spring Jr/Sr High School CFA
is bring the circus to town!

SUNDAY MARCH 2
1:00 pm and 4:00 pm
Cold Spring Harbor Jr/Sr HS Field House



Mike Naughton's Yankee Doodle Circus

Experience unbelievable family fun
as amazing performers
from around the globe dazzle you
with awe-inspiring feats of daring,
astounding acrobats and thrills of wonders
from the marvelous to the magnificent.

JOIN US FOR A FUN-FILLED FAMILY EVENT
A circus so special that
you may never want to go home.

KIDS GO FREE!

Get your PRE SALE TICKETS NOW!
before they go on sale to the general public

Adult \$14.75
plus 2 FREE TICKETS for Children under 14
GetCircusTickets.com

At the door: Adult \$18.00; Child \$6.00

SAVE THE DATE

for the 14th Annual
Literary Luncheon

Wednesday, March 26, 2014

at the
Huntington Country Club

topic:

"BLOGGING"
The new way of writing

The power it holds and its
relationship with our children

Guest Speaker
Josh Marshall
Polk Award winning Journalist & Blogger

Founder of TPM
(talkingpointsmemo.com)
NY Times Magazine calls his work,
"...one of the most popular
and respected sites in
the blogosphere"



**Complimentary mini facial
donated by La Piele Spa for the
first 150 responses (a value of \$80)**